The Importance of Fatigue in Lupus

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This article discusses the impact of fatigue in relation to SLE and describes the research undertaken to measure and improve conditions. First it explains the importance of fatigue in relation to health. It follows by presenting different fatigue correlation measurement devices, focusing on the utility of the FSS measurement in relation to depression, pain, sleep disorder and disease activity. Finally the article addresses areas for further exploration including the correlation between disease and medication, age, culture and disease duration.