

Important Goals, Concepts and Attitudes for Lupus Patients, Families and Doctors
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Shapiro addresses the shortcomings of the medical profession in treating lupus patients. He encourages physicians to address both the physical and emotional needs of the patient, asking physicians to be aware of how their emotional state will reflect on patients. He encourages open communication and strong support groups. By improving the doctor-patient relationship, medical services to those with lupus should also improve, providing a better quality of life for all.