

Postherpetic Neuralgia

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Chickenpox stays latent upon suppression; however, it may reoccur later on in life as shingles. People with lupus have many of the associated risk factors, pre-disposing themselves to shingles. In some cases a persistent pain, known as Postherpetic Neuralgia (PHN), may follow the onset of shingles. Older people, women and people who experience severe shingles are more likely to develop PHN. Treatment options are available, including ointments, behavioral therapy and anti-depressants. This article details the risk factors, symptoms and treatment options for shingles in lupus patients.