

Pregnant and Healthy: *Moms to be with lupus cope with the fear and risk*

By: Mary Dixon Lebeau

This article explains the complications, fears and methods available to ensure a healthy pregnancy, when you are a mom to be with lupus. It details what to do before conception, on labour day and discusses afterbirth complications. It also looks at lupus treatment and medication and the effects of these drugs on the fetus. The article concludes with some pregnancy pointers to ensure a smooth, healthy pregnancy. It reminds all pregnant women with lupus, that a healthy pregnancy is attainable with a proper medical support team.