

Can the Environment Cause Lupus?

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Although there is strong evidence linking lupus to genetics, environmental factors also contribute. Infections early on in life may damage the immune system, causing the immune system to attack itself. Chemicals, toxins and smoking have also been linked to an increased incidence of lupus. Finally, the myth that foods may trigger lupus symptoms is revealed. This article outlines the possible environmental triggers of lupus. Expanding our knowledge of the environment's role in lupus is important in the prevention and treatment of lupus.