



**BC LUPUS
SOCIETY**

together we can conquer lupus

29TH ANNUAL LUPUS WELLNESS & EDUCATION SYMPOSIUM

SATURDAY, MAY 11, 2019

ST. PAUL'S HOSPITAL
PROVIDENCE BUILDING
CONFERENCE CENTRE, LEVEL 1
CULLAN FAMILY LECTURE THEATRE

8:15 – 8:55 AM	CONTINENTAL BREAKFAST & MARKETPLACE IN CONFERENCE ROOM 6
9:00 – 9:15 AM	WELCOME AND OPENING REMARKS JOSIE BRADLEY, LUPUS SOCIETY PRESIDENT
9:15 – 10:00 AM	COMPETING TO STAY IN REMISSION KATY UNRUH HAS LIVED WITH LUPUS FOR 17 YEARS. SHE IS A FIERCE COMPETITOR IN BIKINI AND FIGURE BODY BUILDING - NATURALLY. SHE IS A MOTHER OF 4, A FIGURE MODEL, ATHLETE, PERSONAL TRAINER, NUTRITIONAL BUSINESS OWNER.
10:00 – 10:05 AM	STRETCH BREAK - 5 MIN
10:05 – 10:50 AM	UNDERSTANDING LUPUS NEPHRITIS DR. JENNIFER REYNOLDS RHEUMATOLOGIST, CLINICAL ASSISTANT PROFESSOR, DIVISION OF RHEUMATOLOGY, DEPARTMENT OF MEDICINE UNIVERSITY OF BRITISH COLUMBIA, DIRECTOR, VANCOUVER LUPUS CLINIC
10:50 – 11:00 AM	10 MIN BREAK
11:00 – 11:45 AM	HOW A RHEUMATOLOGIST MAKES A DIAGNOSIS OF LUPUS THE PITFALLS OF OVER-DIAGNOSING AND UNDER-DIAGNOSING LUPUS DR. KAMRAN SHOJANIA HEAD, UBC, ST. PAUL'S AND VGH DIVISIONS OF RHEUMATOLOGY MEDICAL DIRECTOR, MARY PACK ARTHRITIS PROGRAM.
11:45 – 12:45 PM	LUNCH LUNCH PICK UP IN ROOM 7. MEAL SEATING IN DESIGNATED ROOMS ONLY PLEASE
12:45 – 1:10 PM	NEW! ★ WORLD LUPUS DAY AWARENESS ★ OPTIONAL BUT HIGHLY RECOMMENDED... WLD RALLY ON BURRARD ST IN FRONT OF ST. PAUL'S REMOTE LOCATIONS CAN RALLY IN FRONT OF THEIR VENUES. SIGNS AND FLAGS PROVIDED.
1:10 – 1:55 PM	LIVING WITH LUPUS FUNDAMENTALS - A LUPUS REFRESHER PLUS AN INTRODUCTION TO TRADITIONAL CHINESE MEDICINE FOR AUTOIMMUNE DISEASE DR. MAX SUN MD, FRCPC INTERNAL MEDICINE AND RHEUMATOLOGY. DR. SUN HAS A FULL RHEUMATOLOGY PRACTICE, CLINICAL STAFF MEMBER AT MOUNT ST. JOSEPH'S HOSPITAL, PRACTICES AT ARTUS AND CHANGE PAIN CLINIC
1:55 – 2:00 PM	STRETCH BREAK - 5 MIN
2:00 – 2:45 PM	SO IT'S LEGAL NOW... WHAT NEXT? (JOINTS NEED OILING?) A PHYSICIAN'S GUIDE TO MEDICAL CANNABIS IN RHEUMATOLOGY/LUPUS DR. ROB SEALEY MD, UNIVERSITY OF SASKATCHEWAN, INSTRUCTOR FOR USE OF MEDICAL CANNABIS IN CLINICAL PRACTICE, MEMBER OF PHYSICIANS FOR MEDICINAL CANNABIS, CANADIAN CONSORTIUM FOR THE INVESTIGATION OF CANNABINOIDS, THE INTERNATIONAL CANNABINOID RESEARCH SOCIETY, THE INTERNATIONAL ASSOCIATION FOR CANNABIS AS MEDICINE.
2:45 – 2:50 PM	STRETCH BREAK - 5 MIN
2:50 – 3:45 PM	QUESTION & ANSWER EXPERT PANEL MODERATED BY MINDI COFMAN