

## **Don't Call it a Women's Disease—Men Get Lupus Too**

By: Russell Wild

Many people think that lupus is a women's disease, yet over 150 000 men in America struggle lupus. Although most physicians today believe both sexes experience lupus with a similar magnitude, there are variances in the way the sexes cope with the disease. This article outlines the different obstacles men face, when battling a "women's disease", including the emotional and psychological effects of inadequacy as bread winner and sexual partner. It addresses unique ways in which men over come these challenges.