

Osteoporosis and Lupus

Lupus Fact Sheet

This article provides an overview of what osteoporosis is and what you can do about it. There is a list of early detection methods and prevention strategies, as well as a list of medications which may prevent osteonecrosis (thinning of bones). Health bones may be more challenging with lupus as lupus medication may thin the bones. It is important to be aware of your health to prevent fractures and bone breakage.