

The Dating Game Having Lupus Doesn't Mean Saying No to Love

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Discovering you have lupus is always difficult, but as a single person there are additional challenges and fears to address. Dating can be stressful for anyone, maintaining a new relationship may become exhausting for singles with lupus. There can be difficulties communicating the disability with your partner. Fears of rejection or misunderstanding may prevail. This article examines how single women with lupus successfully develop healthy long lasting relationships built on trust, honesty and open communication.